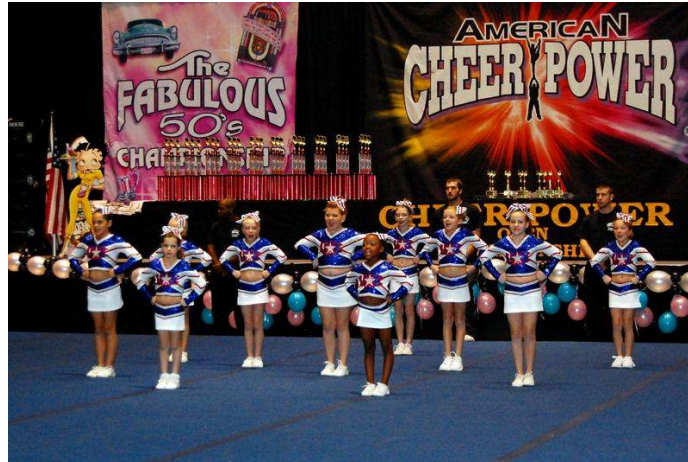


United Elite

All Stars



Welcome to United Elite's competitive cheerleading program in Rockwall, TX.

Ages 4 - 18yrs
Mini's to Level 5

United Elite All Stars will always strive to create a positive family atmosphere and instill great traditional values with a staff of positive role models. Each cheerleader will increase their flexibility and motion technique, as well as improve their tumbling skills while focusing on developing the squad as a whole.

At United Elite, cheerleaders will make lifelong friends and memories that will remain with them forever. Each of our cheerleaders will build self-confidence through our staff's positive reinforcement.

What is All Star Cheerleading?

All Star Cheerleading is a select sport. Competitive cheerleading, while not as costly as some select sports, can still be an expensive sport. Entry fees for competitions alone are hundreds of dollars a year per athlete. Before you consider this or any program, carefully consider the financial commitment involved.

All of us here at UEGC look forward to having your child a part of
United Elite All Stars!

UEGC Coaching Staff

Please fill out highlighted areas and bring to Try-Outs

United Elite Try-Outs

No Try-Out Fee!

No-stress try-outs!

Our coaches will evaluate athletes in groups and give time for athletes to show their best. The try-out process in selecting our teams is not easy. Much thought is put into our decision-making. Our goal is to create strong teams that will produce successful results. There are many elements to consider for all-star cheerleading: dancing, jumping, tumbling, experience, etc. We look for athletes that exhibit strong work ethics, superior attitudes and the ability to be a team player! Many athletes may be eligible for several teams, while others are limited to one team. Regardless, we will decide where each athlete belongs best, and we will try to create a team for all levels. We can safely say that every team will be competitive and well represented.

Try-outs will be closed.

Paperwork, copy of birth certificate, and practice clothing fee, must be turned in by the first day of evaluation.

Try-Out Dates

March 27th 2 pm to 5 pm

March 28th 2 pm to 5 pm

Must attend both days

Payment due on March 27th

\$35.00 Registration fee

\$65.00 Practice Clothes



Program Cost and Payment Plans Level 1 – Level 5

Tuition Option #1 (Monthly payment starting April 1st)

\$231.25 Apr-Nov

\$150.00 Dec-Mar

(This will include all competition fees, music, etc.)

Tuition – Option #2 (Payment in full)

Registration Fee	\$35.00
Yearly tuition	\$1,800.00
Practice Wear	\$65.00
Competition fees, Music, etc.	\$650.00
<i>Less 15% discount</i>	<u><i>(\$270.00) yearly tuition only</i></u>
Payment in full due by April 10, 2009	\$2,280.00

Mini Team

Tuition Option #1 (Monthly payment starting April 1st)

\$85.00 Apr-Mar

(This will include all competition fees, music, etc.)

Tuition – Option #2 (Payment in full)

Registration Fee	\$35.00
Yearly tuition	\$1,000.00
Practice Wear	\$65.00
Competition fees, Music, etc.	Included
<i>Less 15% discount</i>	<u><i>(\$75.00) yearly tuition only</i></u>
Payment in full due by April 10, 2009	\$1,025.00

Additional Expenses for New Cheerleaders

Uniform Cost: Girls \$350.00 - Includes skirt, top, briefs and bow.

(\$175.00 due when uniform is ordered. \$175.00 due when uniform is received)

Shoes: Nfinity \$80.00 (includes tax/shipping) – Can be purchased online or at the gym

Monogrammed Bag and Warm-ups: \$110.00 (optional)

United Elite All Stars

If you want to be involved in many different activities and clubs, we recommend that you look closely at your schedule before committing to United Elite.

Absences

All Star Cheerleading is a “SELECT” team sport. It takes a full commitment from both cheerleader and parents. All practices are mandatory! If you must miss a practice for any reason, the gym must be notified at least 8 hours before the absence.

Practices may NOT be missed 2 weeks before a competition. Failure to follow this rule will result in the athlete being replaced for the upcoming competition.

Practices can be intense prior to competition and extra practices may be scheduled.

All athletes realize that be missing practice their team can not work all baskets, stunts, pyramids, tumbling or transitions efficiently.

Athletes that have poor attendance, extended illnesses, injuries or excessive absences may be replaced.

The following excused and unexcused policy is **not** bendable. If a cheerleader has three unexcused absences within the one year commitment, she/he is subject to dismissal from his/her team.

UNEXCUSED ABSENCES: Working, studying and social occasions.

EXCUSED ABSENCES: Mandatory school functions that result in a grade or death in the family.

Sick Policy

You must attend practice when you are sick, unless you are running a fever. You will not be required to participate; however, attendance is mandatory. An athlete will jeopardize their position if this rule is not followed.

In addition, you must provide a doctor's note with detailed information regarding the illness, treatment and length of recovery. This includes dental, medical and any other health related issue that would prohibit a student from participating. Parent's notes are not accepted.

All absences must be emailed to: lisa@unitedelitegymnasticsandcheer.com

Please understand that this is a team sport with no subs, alternates, fill-ins, etc. One person out can affect the whole team.

Thank you in advance for your understanding

2010-2011 United Elite All Stars Cheer Room Closings

**April 4th
Easter Sunday**

**May 29th – 31st
Closed for Memorial Day**

**Jun 9th
Summer schedule begins
(No weekend practices)**

**Jul 4th-5th
Closed for 4th of July**

**Aug 25th
End summer schedule
(Fall schedule begins)**

**Sept 4th-Sept 6th
Closed for Labor Day**

**Nov 25th-28th
Closed for Thanksgiving**

**Dec 23rd-Dec 28th
Closed for Christmas**

**Dec 31st-Jan 2nd
Closed for New Years**

**Mar 26th-27th
Tryouts ☺ 2011**

2010-2011 Registration Form

Registration Form and Medical Release (please print clearly)

Date Completed: _____

Cheerleader's Name: _____ Date of Birth: _____

Current School: _____ Grade Entering 2010-2011: _____

Home Address: _____ Cheerleader's Cell Phone: _____

City: _____ Zip: _____ Cheerleader's Email Address: _____

Parent Information:

Mother's Information

Name: _____

Address (if different from cheerleader)

City/State/Zip: _____

Home #: _____

Work #: _____

Cell #: _____

Email 1 _____

Father's Information

Name: _____

Address (if different from cheerleader)

City/State/Zip: _____

Home#: _____

Work #: _____

Cell #: _____

Email 1 _____

Emergency Contact (in the event parents cannot be reached):

Name: _____ Phone Number(s): _____ Relationship: _____

Health Information:

Any known allergies or medical conditions: _____

Medical Insurance Company: _____ Are all immunizations current: _____

Policy/Group Number: _____ Preferred Hospital: _____

Name insurance carried under: _____

Does this company require contact prior to treatment? _____

Parent's Name: _____

Parent's Signature: _____

United Elite All Stars

Athlete Code of Conduct

United Elite's athletes are held to a high standard of moral character. Our goal is to surround ourselves with positive athletes who strive to reach both the team's goals and their own personal goals. Parents, please read through the following obligations with your athlete explaining each one. Both a parent and the athlete need to initial each requirement.

1) I will not use inappropriate language or participate in inappropriate, immoral behavior. I will not participate in the illegal consumption of tobacco, alcohol or drugs. I understand that all of my actions both inside and outside of the gym are a reflection of United Elite and should demonstrate strong **CHARACTER**.

_____ Athlete Initials _____ Parent Initials

2) I understand that this is a full, one year **COMMITMENT** and that a team is depending on me to fulfill my responsibilities as a team member. I will be committed to my coaches, my teammates and myself striving to reach both the team's goals and my personal goals.

_____ Athlete Initials _____ Parent Initials

3) I will come to practice with a positive **ATTITUDE**, and I will work hard to achieve the goals set by my coaches. I realize that a positive attitude is contagious, and I will do my best to influence my teammates in a positive manner.

_____ Athlete Initials _____ Parent Initials

4) I will not disrespect any team member, coach, parent or competitor from United Elite or any other gym for any reason at any time.

_____ Athlete Initials _____ Parent Initials

5) I will demonstrate good sportsmanship striving to be a humble winner and a gracious loser.

_____ Athlete Initials _____ Parent Initials

6) I will learn and obey the rules and regulations of United Elite.

_____ Athlete Initials _____ Parent Initials

7) I will wear the scheduled practice clothes to each practice. I understand that it is my responsibility to help my parents keep up with the schedule and the outfits.

_____ Athlete Initials _____ Parent Initials

8) I will arrive at all competitions on time with my uniform, hair and makeup completed to United Elite standards.

_____ Athlete Initials _____ Parent Initials

9) I understand that all material, music and routines are the property of United Elite and are not to be used for any other purpose including school squads and talent shows.

_____ Athlete Initials _____ Parent Initials

10) I understand that breaking any of the codes of conduct above may result in suspension or dismissal from United Elite.

_____ Athlete Initials _____ Parent Initials

Student Signature: _____

Date: _____

Parent Signature: _____

Date: _____

United Elite All Stars

Parent Code of Conduct

Parents are vital in helping their children maintain high moral character, fulfill their commitment and keep a positive attitude. United Elite wants to serve as a partner to the parents helping each child achieve these goals, but the primary job must lie with the parents. Please read this carefully and understand that you are making a commitment of time and financial resources. You are also committing to support our program's philosophies and goals. Please initial each obligation.

1) I understand that my actions in the viewing room and at competitions are a reflection of United Elite and should be of strong moral **CHARACTER**. I will be a positive role model for my child and will encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, and spectators at every practice and competition.

Parent Initials

2) I am aware that this is a one year **COMMITMENT** and will do everything in my ability to enable my child to participate in all practices, camps, retreats and competitions throughout this season. I understand that a team is depending on my child to fulfill his/her responsibilities as a team member. I will do all that is necessary to get my child to practice on time and assure that he/she does not need to leave practice early.

Parent Initials

3) I will maintain a positive **ATTITUDE** by remembering that children participate in cheerleading to have fun and that the sport is for children, not adults.

Parent Initials

4) I will teach my child that doing one's best is more important than winning, so that my child will not feel defeated by the outcome of a competition or his/her performance. I will encourage my child to be a humble winner and a gracious loser.

Parent Initials

5) I will respect the coaches and their authority during practices and competitions and will not question, discuss or confront the coaches during a practice or a competition, nor will I pull my child out of practice without communicating with the coach. I will take the time to speak with the coaches at an agreed upon time and place.

Parent Initials

6) If my child is involved in any matter of disrespect towards any United Elite staff member or student, I will resolve this problem with my child immediately.

Parent Initials

7) I understand that my child must wear the proper practice outfit that is scheduled for any specific day and will support this requirement with my child. If my child loses any part of their practice clothes, I understand that I must purchase a replacement immediately.

Parent Initials

8) I fully understand that the coaches reserve the right to suspend my child's participation indefinitely in practice or competition (which may include losing positions) as a disciplinary action if any of the rules, policies or codes of conduct is not adhered to.

Parent Initials

9) I will attend parent meetings, read e-mails and check the website to retrieve information that United Elite has prepared.

Parent Initials

I have read over the cheerleader's code of conduct with my child, understand what is expected of my child and will help to ensure my child's adherence to these matters.

Parent Signature: _____

Date: _____

Practice Wear Order Form

Name: _____

Parent Signature: _____

T-Shirt

YS	AM
YM	AL
YL	AXL
AS	

Cotton Cheer Shorts

YS	AS
YM	AM
YL	AL
AXS	AXL

Mesh Cheer Shorts

YS	AS
YM	AM
YL	AL
AXS	AXL

Sports Bra

YXS	AS
YS	AM
YM	AL
YL	AXL

Sports Bra (Tank)

YXS	AS
YS	AM
YM	AL
YL	AXL

Waiver & Release of Liability

I hereby authorize **United Elite Gymnastics & Cheer** to obtain emergency medical treatment in the event that I or the Emergency Contact cannot be reached.

Tuition, Payments and Registration

- ▶ Checks should be made payable to **United Elite Gymnastics & Cheer (UEGC)**.
- ▶ Tuition is due on the 1st day of the month and is NON-REFUNDABLE. You have until the 5th of the month to pay before you are assessed a late fee of \$15.00. WE DO NOT BILL, it is your responsibility to pay your tuition on time. Tuition is based on 12 calendar months. Some months have 4 weeks and some have 5 weeks; ***thus we do not prorate tuition for holidays or vacations.***
- ▶ All bank returned checks will incur a \$25.00 charge.
- ▶ Once your child is enrolled and you have paid a \$35.00 non-refundable registration fee, or \$60 non-refundable family fee, your child's enrollment and **United Elite Gymnastics & Cheer** membership will continue for one year unless you disenroll your child.
- ▶ All Star discount will be 15% off the second or more children's individual tuition (\$135).
- ▶ We reserve the right to cancel enrollment of any student, if that student or his parents violate safety rules, act in a disrespectful manner or become uncontrollable. No refunds or credits will be issued.

Accidents or Injuries

- ▶ **United Elite Gymnastics & Cheer** accepts NO responsibility and/or liability for accidents and/or injuries which occur to anyone enrolled in the programs.

Pictures and Videos

- ▶ Pictures and videos are an important way of giving us a record of an event, reviewing how the child is performing, announcing results of a meet, and creating a tangible memory. I give my authorization for pictures and videos of my child to be taken for the use of **United Elite Gymnastics & Cheer and to be posted on the UEGC website.**

As legal guardian of [REDACTED] (student's name), I give my consent for him/her to participate in the programs at **United Elite Gymnastics & Cheer (UEGC)**. I understand that participation in gymnastics, trampoline, cheerleading, tumbling, karate, private lessons, clinics, open gym, dance lessons, competitions, team work-outs or any special events of **UEGC** and related activities always involves certain risks, and may result in unavoidable injuries or death due to the height, rotation, and motions involved in a unique environment. These injuries may include muscle strains and tears, broken bones, and severe injuries including, but not limited to, permanent paralysis or even death. I am fully aware of the risks and possibility of injury involved. I am also aware that participation in day camps involves transportation to and from various field trips and as a result my child could be injured or killed in a vehicular accident. I do hereby agree to hold free from any and all liabilities, claims, damages, injuries, or losses, **UEGC**, its respective owners, officers, employees, instructors, coaches, or agents and the owner of the property where the business is being carried out and due hereby for myself, my heirs, executors, and administrators release and forever discharge all rights and claims for damages which I or my child may have or which may hereafter occur to me or my child arising out of or connected with me or my child's participation in any of the activities of **UEGC**, also any costs incurred including but not limited to: medical treatment of any type, costs for any medications, ambulance expresses, therapy of any type, costs for pain and suffering, liability, punitive damages, costs incurred for loss of work due to injury, or for loss of work for transporting and/or caring for an injured child, etc. As a part of taking class at **UEGC** my child's picture may be taken and used on **UEGC** websites, advertisements, or on a poster within the lobby.

As a parent or legal guardian, I agree to provide health insurance for the minor child or guarantee payments of any and all medical expenses incurred as a result of training, performing or participating in activities of **UEGC**.

I understand that it is the express intent of **UEGC** to provide for the safety and protection of my child, and in consideration for allowing the above named minor child (or adult if over 18) to participate in activities with **UEGC**. It is also my intent to release **UEGC** and its employees from liability for future negligent conduct.

I hereby grant my consent for **UEGC** and any of its officers or agents to provide emergency medical care if necessary to my above-named child. This includes, but is not limited to: the services of a physician and/or Emergency room if considered necessary by the staff of **UEGC**. I also agree to assume responsibility for any and all expenses incurred for the emergency medical treatment of my child. This acknowledgement of risk and WAIVER OF LIABILITY has been read by me and understood completely and signed voluntarily. I am 18 years of age or older.

Parent

Date

United Elite All Stars

Candidate Try-out Form

Please fill out and return the following information form, the Athlete and Parent Code of Conduct, the 2010 Release Form and a copy of your birth certificate. Please email Lisa Day with any questions at lisa@unitedelitegymnasticsandcheer.com Thanks!

Student Name: _____ Birth Date: _____
Address: _____ City/Zip: _____
Grade for **10-11** School Year: _____ Age on **May 31, 2010**: _____
Parent's Name: _____ Home Phone #: _____
Parent's Cell #: _____ Student Cell #: _____
Parent's E-Mail: _____ Student E-Mail: _____

Please list any pre-existing injuries, chronic illnesses, or any other medical problems:

Please circle the following skills that the candidate can successfully complete without a coaches spot:

Controlled Hand Stand	Cartwheel	Round-Off
Back Walkover	Standing Back Handspring	Toe Touch Back Handspring
Standing Two Back Handsprings	Standing Back Tuck	Toe Touch Back Tuck
Triple Toe Back Tuck	Back Handspring Back Tuck	Round-Off Back Handspring
Round-Off Three Back Handsprings	Round-Off Back Tuck	Round-Off Back HS Back Tuck
Punch Front	Layout	Whips
Full Twist	Double Full Twist	Standing Full

For Coaches Use Only

Standing Tumbling: _____

Running Tumbling: _____

Jumps: _____

Motion/Memory: _____

Attitude: _____

Stunts: _____

Position: **Flyer** **Base** **Back Spot** **Front Spot**

Team Level: _____